

ARCHBISHOP WILLIAMS

PRINCIPAL'S MESSAGE *MARY LOU SADOWSKI*

As I begin this month's newsletter, I'm looking out at yet another day of dark clouds and rain. I'm thankful to be an optimist because there is a bright side. As dismal as the weather has been, there hasn't been too much snow and in just a few short weeks, spring will be here! We'll be happy to watch the trees and the grass starting that gentle greening that signals the growing and warmer seasons. In the meantime, we'll just have to tend to the business at hand, and there is plenty of business to handle.

This school year is flying. In the day-to-day tasks for this month, all eyes are looking toward the future. The Program of Studies booklet with offerings of classes for next school year will be arriving back from the printer. There will be assemblies for Freshmen, Sophomores and Juniors to introduce the process for selecting next year's courses. Some Juniors and Seniors will have the opportunity to be enrolled in a college course next year while still in high school. How exciting for them and for subsequent classes as AWHs looks to expand the program in upcoming years!

At the same time that we are working with current students, we will welcome the incoming Class of

2014 with their Orientation and also beginning the exit process with the graduating Class of 2010; a beginning and an ending for students' journey at AWHs.

We start off this month with the much anticipated Spirit Week. With Class Advisors and more student involvement, there should be some fun changes while still maintaining this tradition. I know everyone at school, the students, staff and faculty enjoy the enthusiasm of this special week.

Last week, our chaplain, Fr. Keymont celebrated a Lenten liturgy. We would have begun the season of Lent together with Ash Wednesday but it took place during our vacation week. Over the years, the ritual of 'giving something up for Lent' has mostly disappeared. For me, this was something I did routinely as my small sacrifice. These days, the trend is to 'do for someone', whether it is donating to a charity or performing a selfless act of kindness. In some manner, I hope that you will acknowledge the season of Lent, only 40 short days of the year, to contemplate the sacrifice that Jesus made for us all so that we may live our lives here now and with Him in eternity.



■ "A National State of Mind", an evening
 ■ of Altered States & Comedy featuring
 ■ Frank Santos, Jr, Comic/Hypnotist is
 ■ scheduled for Friday, March 5th, 6:00-
 ■ 9:00pm, with refreshments, laughs and
 ■ a bucket raffle.
 ■ This is to benefit the AWHs "Champion
 ■ Cheerleaders", with a 1st time ever bid
 ■ to NATIONALS. This will be held at the
 ■ AWHs Auditorium, Braintree.
 ■
 ■ Tickets are \$20.
 ■ For tickets/info call:
 ■ 617-291-9644 or 781-843-3636

Up To Date

- ◆ **March 1—4**
Spirit Week
- ◆ **March 2**
Mid Quarterly Reports
- ◆ **March 3**
Parents' Support Board
7:15 p.m
- ◆ **March 5**
No Classes.
Professional Day

- ◆ **March 6**
Placement Tests
for Class of 2014
- ◆ **March 13**
SAT AWHs is not
a Test Center
- ◆ **March 17**
Green and White
Day
1:30 PM Dismissal
Department Meet-
ings
- ◆ **March 25**
Registration Dead-
line for May SAT

- March 30**
Spring Sports Meet
the Coaches Night
7 PM in the Auditor-
ium
- ◆ **March 31**
Holy Week Liturgy
10 AM

GUIDANCE NEWS*RON HOMER*

Many Seniors have begun receiving acceptances and they are thrilled. Many others have yet to hear from their schools and wait patiently. It is important for all to remember that a disappointing letter from a college should not be viewed as a failure. Not all colleges can accept every applicant, nor should they. There is a place for everyone and the goal of all involved in the process is to find the best fit for the individual student. All seniors continue their progress through a demanding curriculum. As for the Junior Class, we have begun our meetings with the second half of the class. During these Junior Guidance meetings, we have the opportunity to get to know each student better and to share with him/her the many details of the college search process. We spend time in the computer lab and in our offices, sharing ideas and questions regarding careers and college choices. It is our hope that you and your student have begun the discussions of potential colleges. It is not too early to make plans for college visits, a very important step in the college search process. If you have not been to our portion of the AWHs website, we urge you to do so. On the site you will find detailed plans, valuable links to financial aid sources, and a host of other resources. Talk with your student about the Naviance program and make use of all that it offers. As for Sophomores, keep working. It is important to remember that everything counts and each class contributes to one's GPA (grade point average). The higher the GPA, the higher the number of open doors to colleges and universities. Our whole life contributes to our resume. Students should find an activity that suits them and stick with it. Here at school there are many options in sports, other school activities, and community service. There are also service options in your own towns and cities. Freshman students have been our target in the past few weeks. We've seen them through their Study Skills class and reviewed the results of their Explore tests. These tests offer a snapshot of your student and afford an opportunity to begin thinking about career and academic goals. We have stressed the importance of the equation: Study time = academic success. Encourage your student to seek help from the teacher whenever there is a question.

Please know that we welcome and encourage calls to our office to help you in any way. ♦

**From the Health Office**

~ Mrs. Brancato, RN

The Health Office will be conducting the postural screening program beginning the first week of April.

If you do not want your child screened at school, please print, complete and return the form located here. [Please click here to download](#). This form must be returned no later than March 31 st.

**For current information and
up-to-date Athletic scores visit
our website at :**

www.awhs.org

ACADEMIC DEAN *JANE FUNDERBURK*

The parent/conference night that was cancelled on February 10 will not be rescheduled. If you wish to meet with teachers, please contact your son or daughter's Guidance Counselor or e-mail the teacher(s) directly to arrange a mutually agreeable time. Mid-quarterlies will be sent home with students on Tuesday, March 2-please review these reports with your son or daughter to understand where he or she is at this middle of third quarter.

The information session on dual enrollment for college credit options has been rescheduled for 6:30 pm on Wednesday, March 3. The session will last for approximately one hour and will take place in Campus Ministry. Sophomores and juniors and their parents are invited to attend. Please rsvp via e-mail to Julie McCormack at jmccormack@awhs.org if you plan to attend. Dual enrollment courses with the following colleges and universities will be available to qualified students: Regis, Quincy, Syracuse, and UMass Boston.

It may be hard to believe but it is time to begin planning for school year 2010-2011!

Students will receive their Program of Studies Booklet and a course selection sheet at class meetings on March 16 and 17. At the class meeting, the administration and the guidance department will explain to the students the process for choosing courses and registering for next year.

When your student brings home the Program of Studies booklet, please read the introductory pages on graduation requirements, the leveling process and our weighted system of grading. For the courses your student has selected to take, it is important to review with them the prerequisites, description, and requirements for each course. Students are required to obtain teacher approval/signature for course levels and selection of electives. Students interested in taking an online course through the Virtual High School must obtain an application form from their Guidance Counselor. Admittance into AP level classes involves a multi-step application process including teacher recommendations, department chair approval, guidance department support, student academic record, and in some disciplines, a subject area proficiency test. More information for dual enrollment/college credit will be forthcoming after course selection. Please call the guidance department with any questions you might have concerning course selection.

When course selection decisions are complete, a parent/guardian must sign the completed course selection sheet. Sophomores and juniors should return their sheets to their Guidance Counselor. Freshmen should submit them to the Art or Music teacher. All course selection sheets are due back by Tuesday, March 23. Failure to return course selections on time may result in class sections and electives being closed. It is in your student's best interest to submit the course selection sheets on time to be assured of elective choices. Scheduling conflicts may require scheduling second choice electives in place of first choice ones. Also courses may be cancelled if there is insufficient enrollment.

Thank you for your support in helping me encourage your son or daughter to reach his/her highest academic potential here at Archbishop Williams. ♦

campus Ministry *JOSEPH ONDUS*

Spring is right around the corner. Several of our juniors have been busy preparing for the Appalachia Service Trip this summer. These students have made a tremendous commitment of their time and talents to help those in need. Right now, we are working on fund-raising efforts to help defray the cost of this trip. We ask you to help support us in this effort.

We have been getting numerous requests for students to participate in walks. If your child still needs service hours, please have him/her stop by Campus Ministry for details. Given the poor economy, many agencies have been cut from municipal and federal budgets. We appreciate any help you may give to these efforts.

In the beginning of April, we will begin interviews for the Peer Ministry class for the 2010-2011 school year. We will also be interviewing students who wish to be liturgical ministers next year. Students should listen to the announcements for details.

We have begun work on the Campus Kitchen Project in conjunction with UMASS Boston and other Catholic High Schools. This is a great service opportunity for our older students. Students who still need service hours should stop by Campus Ministry for ideas. ♦

ATHLETIC NEWS *JOSEPH FRANCIS*

Congratulations to junior track team member, Erica Gagnon, who placed 2nd at the Class D meet in the mile with a time of 5:12. At the time of publishing, Erica was set to represent the school at the All-State Meet at the Reggie Lewis Center in Boston.

Congratulations also to junior Kelsey McCarthy who won 3rd place in an essay contest sponsored by the MIAA's Girls and Women in Sports Day Celebration last month. Kelsey was recognized at the event held at Faneuil Hall in Boston and her essay was published in the program book.

Spring sports tryouts and practices are set to begin on Monday, March 15h. Game schedules for the spring sports season will be posted on the school's athletic department website as soon as they are completed.

Prior to March 15th, all athletes must have on file in the athletic office a signed permission form and a copy of a most recent physical (*dated on/after February 15, 2009). Permission forms may be found on the athletics webpage. If your son or daughter played a fall or winter sport at our school this year and has already passed in these forms, they will not need to resubmit them provided their physical is up to *date.

A reminder that the Spring Sports Meet the Coaches Night will be held on Tuesday, March 30th at 7:00pm in the school auditorium. Student-athletes who participate on a sports team during this season are required to attend and are strongly encouraged to bring at least one parent with them. ♦

Parents Support Board Message: Kathy Sullivan



Upcoming events to earn your 20 hrs.....

- Winter/Spring: Auction/Social Date TBA – Laurie Oringer Chair (781-337-6574)
- Winter Sports: Sonya Sherman Chair (617-441-5806)
- Early spring: Parents Golf Tournament April 2010 – Dave Mariano Chair (617-773-2725)

All proceeds from PSB events help support tuition costs for our school